



Christmas Day

DECEMBER 25

CHRISTMAS is a joyful holiday that is celebrated by most people in the United States. Even though its origins are Christian, it has become a holiday season that is celebrated in various ways by people of many faiths. The Christmas story comes from the **Bible**. In the story an **angel** appeared to **shepherds** and told them that a **savior** had been born to Mary and Joseph in a **stable** in Bethlehem. Three Wise Men from the East (the **Magi**) followed a **wondrous** star, which led them to the baby Jesus. The Wise Men paid **homage** to the new child, and presented gifts of gold, **frankincense**, and **myrrh**. Christmas has been associated with gift giving since the Wise Men brought these gifts to welcome the newborn baby.

On Christmas Eve, December 24, many people attend evening church services, often at midnight. Attention is focused on the **nativity scene**, the story of the birth of Jesus, and on the spirit of Christmas. Christmas Eve services often include the singing of Christmas **carols**. On Christmas morning some families also attend church services, but many families spend the morning at home, opening gifts and sharing a special meal. Some people visit friends and neighbors on Christmas Day.

Because many American families are spread out throughout the country, the Christmas season brings a lot of travel. Going home for

Christmas is a most **cherished** tradition so the days before Christmas are some of the busiest times of the year at airports, train stations, and bus depots with people on their way to spend the holidays with their loved ones. Houses may be full of cousins, aunts, and uncles who might not see each other at other times during the year. Family mem-

bers help in the preparation of the **festivities**, including of course, making a lot of food! The Christmas dinner table looks much like a Thanksgiving feast, with turkey or ham, cranberry sauce, potatoes, and pie. No Christmas is complete without lots of desserts, like **spicy** fruitcake and cookies hot from the oven. A popular drink during the holiday parties and gatherings is eggnog, a beverage made of beaten eggs, cream, milk, sugar, spices, and maybe brandy or rum. Plenty of eggnog and hot chocolate are often on hand for family and visitors alike.



Christmas Traditions and Symbols

Decorations

In preparation for Christmas, many people decorate their houses with colored lights and hang a **wreath** of evergreen branches, or other Christmas decorations on the door. Inside the house people often decorate with bright red poinsettia plants. Most families also put up Christmas trees. In some parts of the USA there are Christmas tree farms where people can cut down their own trees. Most people,

PREVIOUS PAGE: A decorated Christmas tree towers over presents waiting to be opened on Christmas morning.
ABOVE: During the Christmas season, many people decorate their houses with poinsettia plants.

however, buy trees that have already been cut and are sold from Christmas tree **lots** on street corners or in shopping areas. The trees are brought home, set up in the living room, and decorated with lights, ornaments, **tinsel**, and a star or angel at the top. Under this tree, family members and “Santa” will leave gifts.

Santa Claus

Santa Claus’ origin goes back to **Norse** and pre-Christian **mythological** characters who were also associated with gift giving. The Norse God, Odin, rode on a magical flying horse across the sky in the winter to reward people with gifts. In Scandinavian and other European countries, Father Christmas, or **Saint** Nicholas, comes into houses in the night and leaves gifts for the children, to bring happiness in the coldest months of the year. The legend of Saint Nicholas may have developed from stories of a real Saint Nicholas, a priest who lived in the 300s AD, and reportedly gave money to a poor family. Saint Nicholas became a symbol for gift giving among Christians. Later, Saint Nicholas was **substituted** with a non-religious figure, Father Christmas, who was represented as a kindly man with a red **cloak** and long white beard. **Immigrants** brought the idea of Father Christmas to the United States. His name was eventually changed to Santa Claus, from the Dutch “Sinter Claas,” which means Father Christmas. Santa Claus took shape in the United States, and Americans made him a **cheery** old gentleman with red cheeks and a **twinkle** in his eye. American children believe that Santa Claus lives at the North Pole with his wife, Mrs. Claus, and his helpers, the **elves**. All year he keeps a list of the names of children in the world, and notes whether they have been good or bad. He decides what presents to give to the good children. He **oversees** the manufacturing and wrapping of the presents by his helpers.

Santa Claus supposedly gets his ideas for the toys from the millions of children who write to him at the North Pole, explaining what they would like for Christmas. Children also find Santa Claus at shopping malls across the country. They sit on his lap and tell him what they want. Of course, their parents are probably nearby listening in as well.

On December 24, Christmas Eve, Santa **hitches** his eight **reindeer** to a **sleigh**, and loads it with pres-

ents. The reindeer pull him and his sleigh through the sky to deliver presents to children all around the world, that is, if they have been good all year. On Christmas morning, children can’t wait to open their eyes and see what Santa left for them under the Christmas tree. In many families, on Christmas Eve children prepare a glass of milk and cookies as a snack for Santa. Of course, in the morning the snack is gone, and they know that Santa was there. Santa Claus **exists** only in our **imaginations**. But he, Saint Nicholas, and Father Christmas all represent the **spirit** of giving.

Gift-Giving

Giving gifts is a major Christmas tradition. Gifts are bought or made for all people. Often school children will make gifts in their classrooms for their parents or grandparents. The gifts are wrapped and placed under the Christmas tree to be opened on Christmas morning. Some children are so excited on Christmas Day that they wake up at the **crack of dawn** to **peek** into the living room. It is hard for them to wait until after breakfast before opening the gifts.

Nowadays people often complain that Christmas has become too “**commercialized**,” especially in large cities. Shop owners begin advertising and decorating for Christmas as early as October in hopes of selling more goods. Children demand more from Santa Claus because manufacturers and **retailers saturate** the media with advertising. Children’s toys have become more complex and expensive. Many kids ask for **pricy** electronic or sports equipment, while the trend for adults is also for larger, more expensive gifts. Some people believe that the origin and spirit of Christmas has been lost.

Every year human-interest stories appear in the media reminding readers of the origin of Christmas. **Shelters** for the homeless and hungry appeal for money or gifts for those who are in need. Members of organizations like the Salvation Army dress up as Santa Claus and stand on the sidewalks collecting money for their **soup kitchens**. City police and other groups supervise a “Toys for Tots” **drive**, in which people donate new toys for needy children. Company employees may take up a collection for a special charity or a family in need. All of these efforts are meant to

emphasize the importance of giving—rather than receiving—during this holiday season.

Christmas Stockings

Long ago, children hung their own stockings, or socks, over the fireplace mantel. Santa entered down the chimney and left candy and presents inside the socks for good children. Bad children received a **lump** of coal. Today the tradition of hanging up a stocking is carried on, but now many of the stockings are large sock-shaped fabric bags decorated in Christmas red and green and holiday designs. Stockings are often **personalized** with the owner's name. In some households all family members, young and old, have Christmas stockings. In others, only the children hang up their stockings. On Christmas morning, everyone eagerly opens their stockings to find small items bringing Christmas cheer.

Christmas Cards

Another important custom of Christmas is to send and receive Christmas cards that express the **sentiment** of the season. Some cards are religious in nature; others are non-religious, or even **humorous**. Often the cards—or letters and photos—give information about family events from the previous year. Americans send Christmas cards throughout December to friends, family, co-workers, and even business clients. Christmas cards often include a greeting for the New Year, wishing the **recipient**, “Merry Christmas and Happy New Year.” Today many people choose cards that say simply, “Happy Holidays” or “Season's Greetings,” which are inclusive of all faiths.

Christmas Entertainment

Songs, poems, stories, and performances are a regular part of the Christmas season for many families. One well-known poem is “The Night Before Christmas” written by Clement Moore in 1823. American children

often listen to this poem before they go to bed on Christmas Eve, in **anticipation** of Santa's visit.

A favorite Christmas story is “A Christmas Carol” written by British author Charles Dickens in 1854. Dickens' story spreads the idea of sharing and compassion. It tells about a poor family with little money to live or eat well, and no money to pay for a doctor for their son, Tiny Tim, who is disabled and walks with **crutches**. Yet they consider themselves lucky for what they do have—a close, happy family and **generous** friends. Reading excerpts from “A Christmas Carol” is an important Christmas tradition for many American families. Theater and television **productions** of “A Christmas Carol” are popular entertainment at Christmas time. Another popular Christmas production is “The Nutcracker,” a ballet by Peter Ilich Tchaikovsky which tells the story of a child's dream. “The Nutcracker” is a holiday favorite for people of all ages, as many children dance in the cast.

Special Christmas songs, or carols, are sung and heard throughout the holiday season. **Carolers** from community groups or churches may go from door to door through neighborhoods singing Christmas carols. There are different types of carols: old traditional songs such as “Good King Wenceslaus” and “Deck the Halls;” there are religious songs like “Joy to the World” and “O Little Town of Bethlehem;” and modern American songs like “I'll Be Home for Christmas.” Christmas carols, both religious and **secular**, capture the spirit and excitement of the season.

Glossary

celebrate(d): *v.* to honor by a ceremony or festivity

Bible: *n.* the holy book of the Christian religion

angel: *n.* a spirit, usually thought to be from heaven

shepherd(s): *n.* a person who takes



ABOVE: Santa Claus places gifts under the tree and in the stockings hanging over the fireplace mantel.

The Night Before Christmas

'Twas the night before Christmas
when all through the house
Not a creature was stirring, not even a mouse.
The stockings were hung by the chimney
with care,
In hopes that St. Nicholas soon
would be there.
The children were nestled
all snug in their beds,
While visions of sugarplums
danced through their heads.
Mamma in her kerchief, and I in my cap,
Had just settled down for
a long winter's nap.
When out on the lawn there
arose such a clatter
I sprang from my bed to see
what was the matter.
Away to the window I flew like a flash,
Tore open the shutters and threw up the sash.
The moon on the breast of the
new fallen snow,
Gave a luster of mid-day to objects below.
When, what to my wondering
eyes should appear
But a miniature sleigh, and eight tiny reindeer.
With a little old driver, so lively and quick,
I knew in a moment it must be St. Nick.
More rapid than eagles his coursers
they came,
And he whistled, and shouted,
and called them by name:
"Now, Dasher! now, Dancer!
now, Prancer and Vixen!
On, Comet! on, Cupid!
on, Donner and Blitzen
To the top of the porch to the top of wall!
Now, dash away, dash away, dash away all!"
As leaves that before the wild hurricane fly,
When they meet with an obstacle,
mount to the sky,
So, up to the house top the coursers
they flew,
With a sleigh full of toys
and St. Nicholas, too.

And then in a twinkling I heard on the roof,
The prancing and pawing of each little hoof.
As I drew in my head, and was turning around,
Down the chimney St. Nicholas came
with a bound.

He was dressed all in fur from his head
to his foot,
And his clothes were all tarnished
with ashes and soot.
A bundle of toys he had flung on his back.
And he looked like a peddler just
opening his pack.
His eyes how they twinkled,
his dimples how merry!
His cheeks were like roses,
his nose like a cherry;
His droll little mouth was drawn up like a bow,
And the beard on his chin was
as white as the snow.
The stump of a pipe he held tight in his teeth,
And the smoke, it encircled his head
like a wreath.

He had a broad face, and a little round belly,
That shook when he laughed,
like a bowl full of jelly.
He was chubby and plump
a right jolly old elf,
And I laughed when I saw him,
in spite of myself.
A wink of his eye, and twist of his head,
Soon gave me to know I had nothing to dread.
He spoke not a word, but went
straight to his work,
And filled all the stockings,
then turned with a jerk.
And laying his finger aside of his nose,
And giving a nod, up the chimney he rose.
He sprang to his sleigh, to his team
gave a whistle,
And away they all flew like the down of a thistle;
But I heard him exclaim, ere he drove out of sight,

"HAPPY CHRISTMAS TO ALL
AND TO ALL A GOOD NIGHT."

care of or watches sheep
savior: *n.* one who saves or brings salvation; in Christianity, Jesus Christ
stable: *n.* a farm building where animals are kept
Magi: *n.* wise men from the East who came with gifts for baby Jesus
wondrous: *adj.* remarkable; extraordinary
homage: *n.* respect; honor
frankincense: *n.* material from a special East African or Arabian tree that makes a fragrant smell when it is burned
myrrh: *n.* material from a special East African or Arabian tree which is used in making perfumes
nativity scene: *n. phrase.* an exhibit of statues or figures which show baby Jesus in the manger with Mary, Joseph, the shepherds, and the Magi
carol(s): *n.* a song of praise or joy, especially for Christmas
cherish(ed): *adj.* held dear; appreciated
festivity(ies): *n.* celebration
spicy: *adj.* containing aromatic substances such as cinnamon and nutmeg
wreath: *n.* a ring or circle of leaves, flowers, ribbon or other items, often hung on the door as decoration at Christmas time
lot(s): *n.* a piece of land with the use specified by an adjective; i.e., parking lot, used car lot, Christmas tree lot, empty lot
tinsel: *n.* shiny, thin strands of silver or gold colored paper used to decorate the Christmas tree
Norse: *adj.* Norwegian, from or relating to Norway
mythological: *adj.* not having a factual basis, relating to a myth or story
saint: *n.* a title given by church (usually Christian) to represent one of God's chosen
substitute(d): *v.* to be replaced
cloak: *n.* a long, loose outer garment without sleeves
immigrant(s): *n.* a person who moves permanently to another country
cheery: *adj.* friendly, happy
twinkle: *n.* sparkle; bright spot like a star
elf(ves): *n.* small mischievous or helpful creature in mythology
oversee(s): *v.* to supervise
hitch(es): *v.* to connect

reindeer: *n.* deer-like animal living in cold regions
sleigh: *n.* vehicle with runners pulled by animals over snow
exist(s): *v.* to live; to be
imagination(s): *n.* picture or idea in the mind
spirit: *n.* an attitude or intention
crack (of dawn): *n.* the earliest light of the day; daybreak
peek: *v.* to take a quick look as if from a place of hiding
commercialize(d): *v.* to exploit for profit
retailer(s): *n.* a person who sells items directly to customers
saturate: *v.* to fill up completely
pricey: *adj.* expensive
shelter(s): *n.* safe place; haven
soup kitchen(s): *phrase.* a place where food is served free of charge to people in need
drive: *n.* organized event or effort to raise money for a cause
mantel: *n.* an ornamental shelf over a fireplace
lump: *n.* irregularly shaped piece
coal: *n.* black ore used for fuel
personalize(d): *v.* to make personal by adding the owner's name or initials
sentiment: *n.* feeling
humorous: *adj.* funny; amusing
recipient: *n.* person who receives a gift or award
anticipation: *n.* looking forward, thinking of the future
crutches: *n.* support used as a walking aid
generous: *adj.* giving
production(s): *n.* staged performance or show
caroler(s): *n.* person singing Christmas carols at Christmas time, generally in a group standing outside or going door to door in a neighborhood
secular: *adj.* of or relating to worldly concerns; non-religious